

# TAG

FITNESS



## POWER SLED SLED

- Works as a push, pull, or drag sled
- Can be used both outdoor & indoor on turf
- Includes two knurled poles that can be placed in any four sockets on the sled
- Knurled Double Handle Low Bar Attachment - 1 straight & 1 Bent for less stress on wrists & elbow
- Harness/Rope Hooks on both sides
- Fits Olympic-sized weight plates
- 25"W x 34"H x 24"D (83 lbs)
- Color: black