



# MEDICINE BALLS

MEDBL

## SPECIFICATIONS

- NEW TEXTURE AND FORM FOR BETTER GRIP AND HANDLING
- ESSENTIAL FOR CORE, UPPER BODY STRENGTH TRAINING
- GREAT FOR BOTH INDIVIDUAL AND GROUP EXERCISE
- WELL-BALANCED, MAINTAINS ORIGINAL SHAPE
- EXCEPTIONAL DURABILITY
- SYNTHETIC, WEATHER-RESISTANT RUBBER SURFACE
- SIZES AVAILABLE:

4, 6, 8, 10 = 9.1" DIAMETER

12, 15, 18, 20, 25 & 30 = 11.3" DIAMETER

- SOLD SEPARATELY - 5 & 10 BALL RACKS
- NOT DESIGNED FOR BOUNCING OR THROWING MOVEMENT/TRAINING

