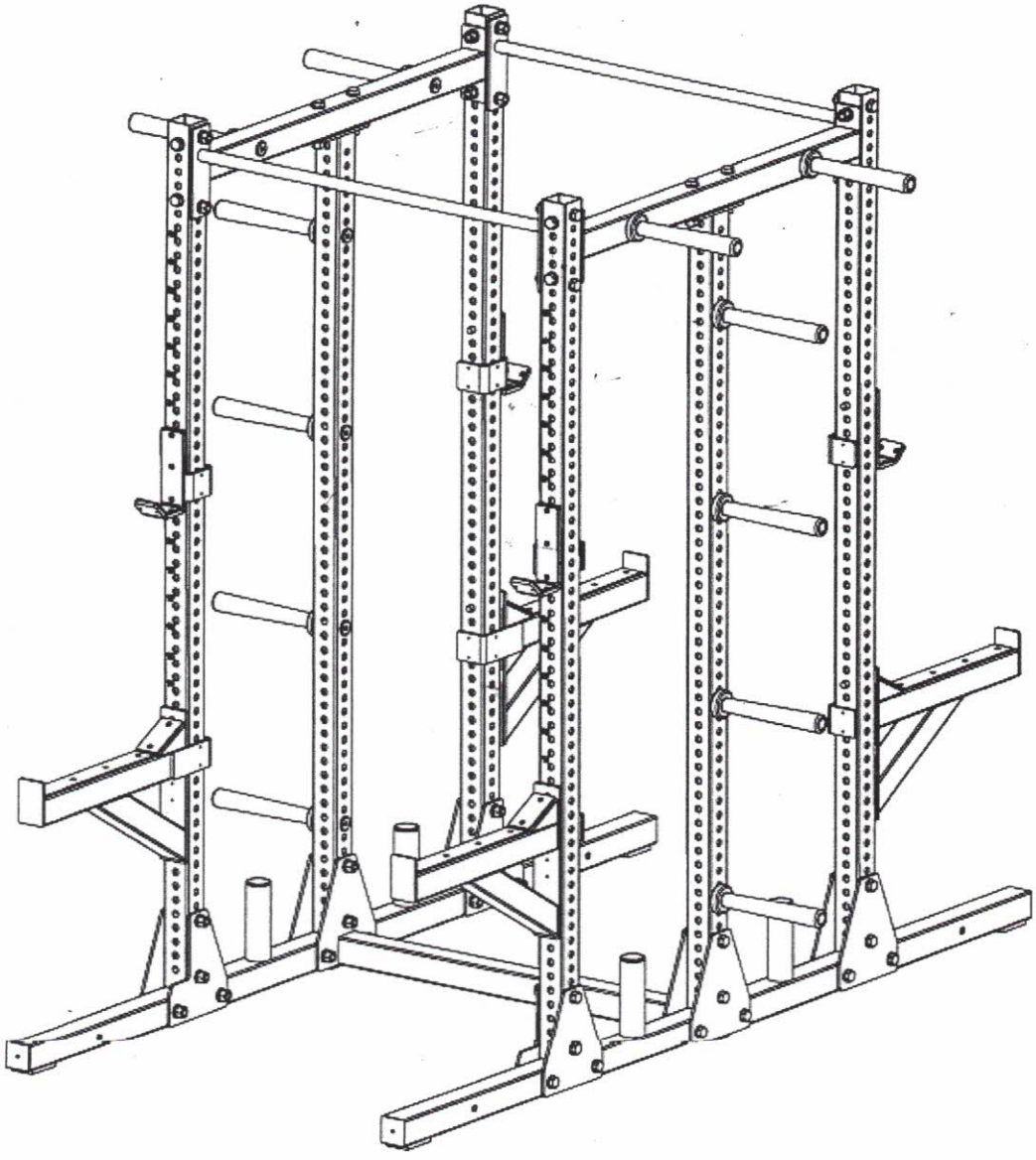
TAG YOU'RE FIT!

Model # RCK-2xHR
TAG 2xHR Double Half Rack

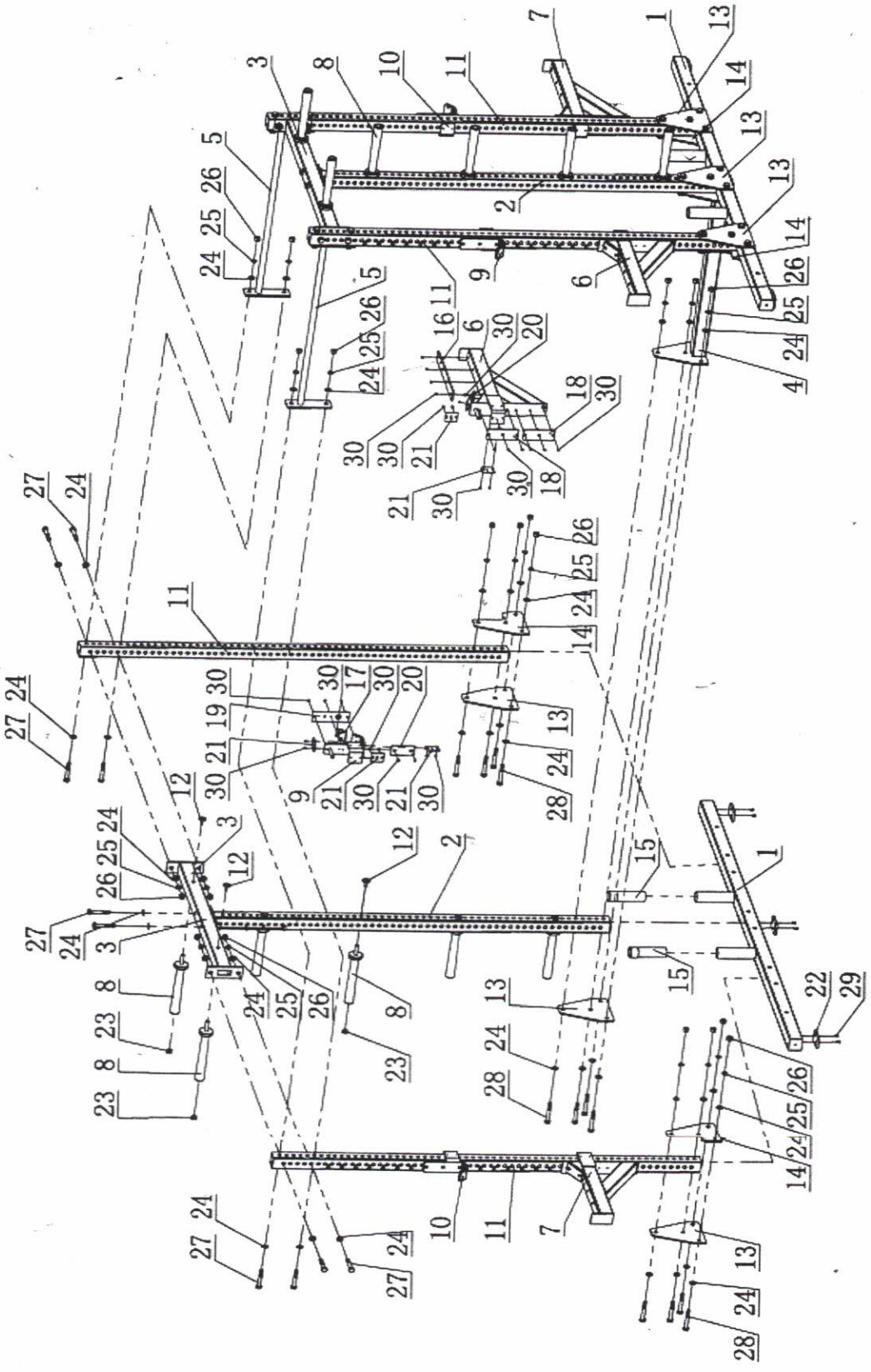


www.tagfitness.net
630-375-1500

PARTS LIST

NO.	Description	Q'ty	NO.	Description	Q'ty
1	Base Frame	2	16	Plastic Cover 475*65*5	4
2	Middle Upright Frame	2	17	Plastic Cover 68*48*5	4
3	Top Side Cross Fame	2	18	Plastic Cover 170*68*5	8
4	Rear Cross Frame	1	19	Plastic Cover 205*68*5	4
5	Top Back Cross Frame	2	20	Plastic Cover 130*68*5	8
6	Left Safety Frame	2	21	Plastic Cover 68*58*5	20
7	Right Safety Frame	2	22	Rubber Foot 100*65*12	6
8	Plate Storage Holder	12	23	End Cap Φ32*2	12
9	J-Hook (Left)	2	24	Flat Washer Φ20*Φ34*3	88
10	J-Hook (Right)	2	25	Spring Washer Φ18	44
11	Front Upright Tube	4	26	Flat Nut M18	44
12	Lock Nut Φ40*M12*41	12	27	Hex Bolt M18*110	20
13	Outer Fixing Plate 285*250*8	6	28	Hex Bolt M18*120	24
14	Inner Fixing Plate 285*250*8	4	29	Hex Pan Bolt M8*15	12
15	Sleeve Φ63.5*54.5*200	4	30	Hex Sunk Bolt M6*10	116

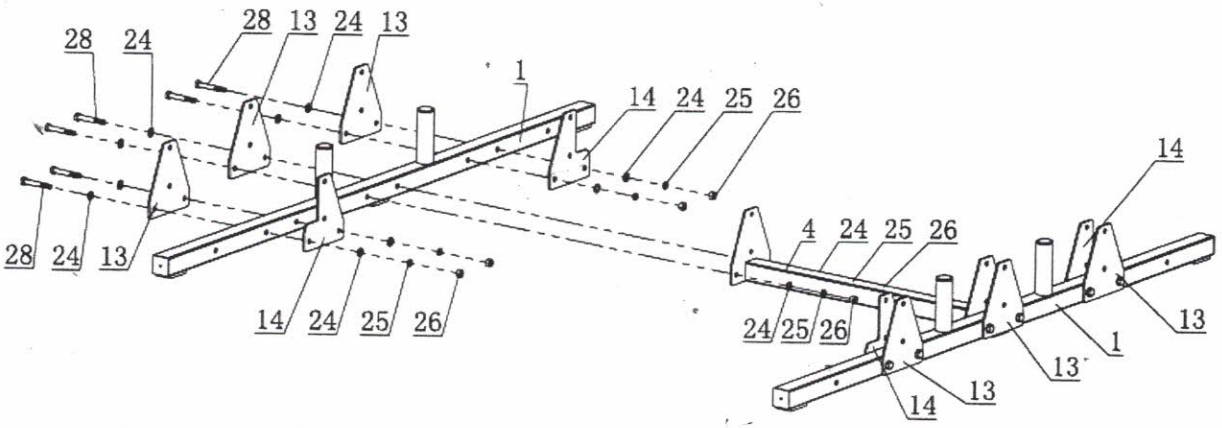
Exploded Drawing

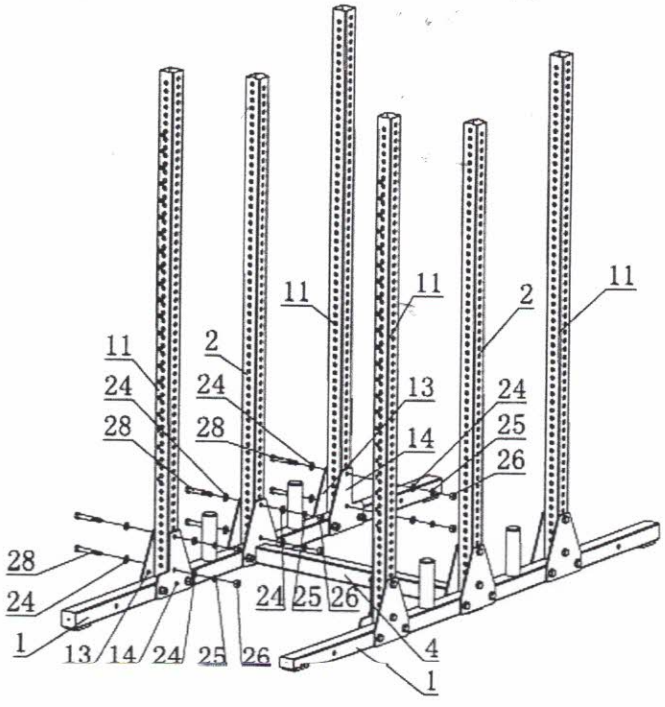


Assembly

Step 1

Fix Outer Fixing Plate (13) and Inner Fixing Plate (14) onto Base Frame(1) and Rear Cross Frame (4), using Flat Washer Φ20*Φ34*3 (24), Spring Washer Φ18 (25), Flat Nut M18 (26) and Hex Bolt M18*120 (28).



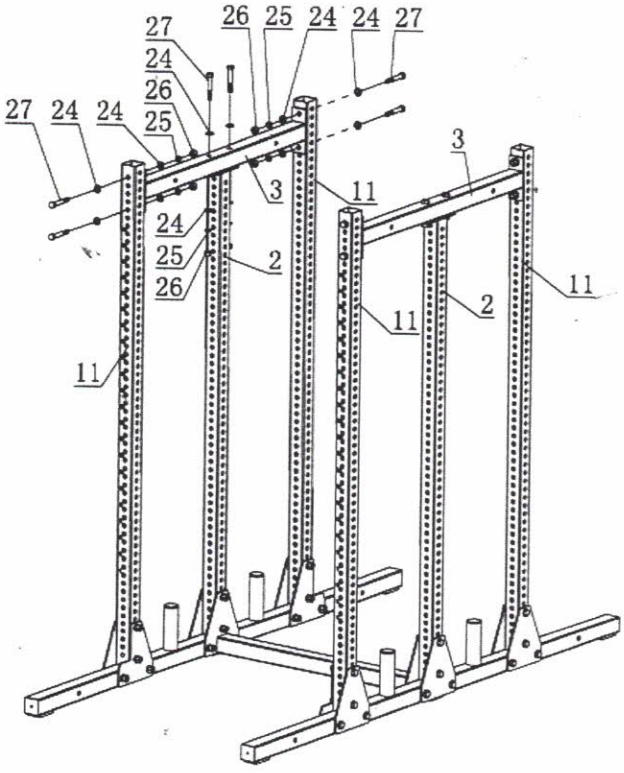


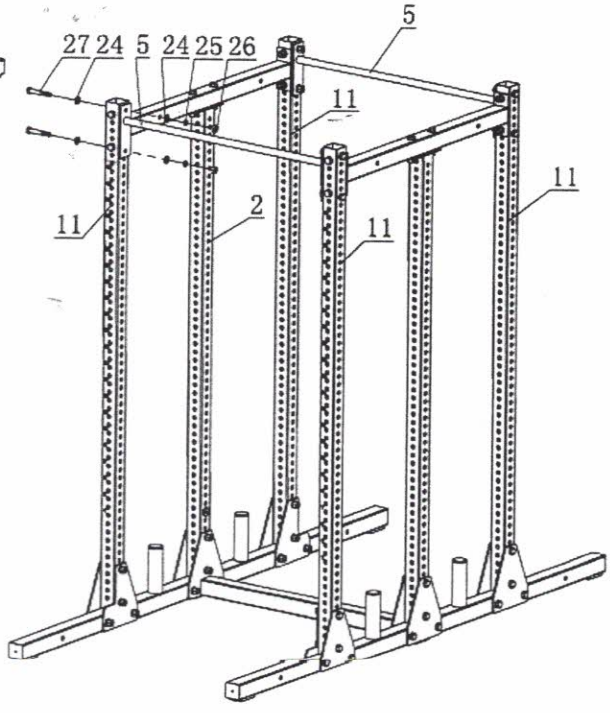
Step 2

Fix Middle Upright Frame (2) and Front Upright Tube (11) onto the Step 1"s frame, using Flat Washer Φ20*Φ34*3 (24), Spring Washer Φ18 (25), Flat Nut M18 (26) and Hex Bolt M18*120 (28).

Step 3

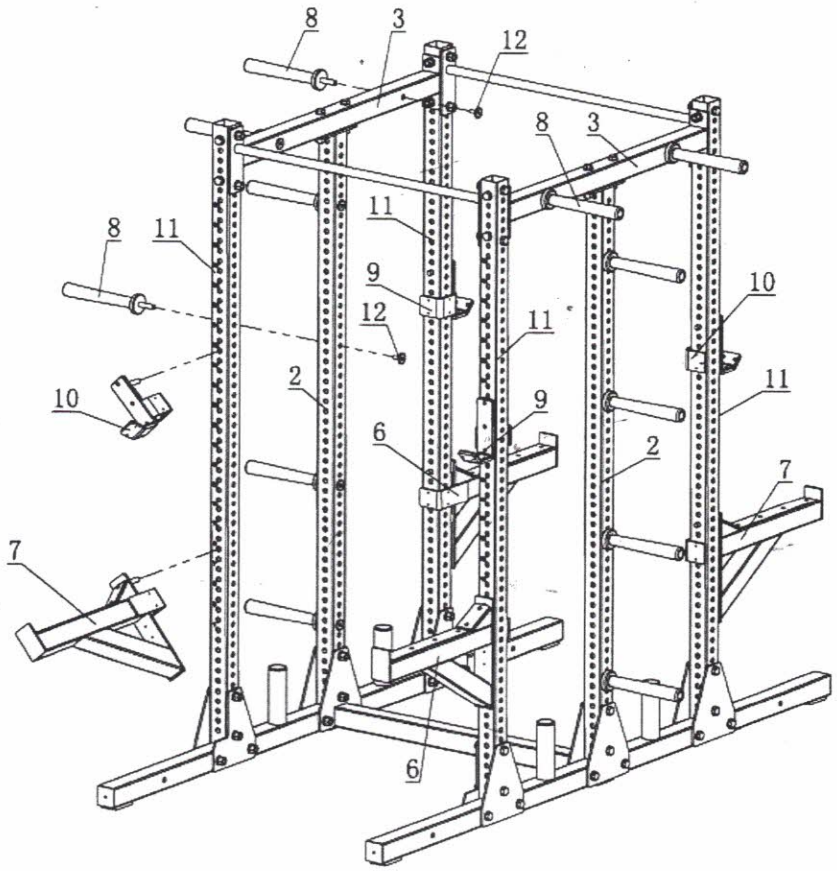
Connect Top Side Cross Fame (3) with Middle Upright Frame (2) and Front Upright Tube (11), using Flat Washer Φ20*Φ34*3 (24), Spring Washer Φ18 (25), Flat Nut M18 (26) and Hex Bolt M18*110 (27).





Step 4

Connect Top Back Cross Frame (5) with Middle Upright Frame (2) and Front Upright Tube (11), using Flat Washer Φ20*Φ34*3 (24), Spring Washer Φ18 (25), Flat Nut M18 (26) and Hex Bolt M18*110 (27).

Step 5

Fix Plate Storage Holder (8) onto Middle Upright Frame (2) and Top Side Cross Fame(3) using Lock Nut Φ40*M12*41 (12);
Please adjust Left Safety Frame (6), Right Safety Frame (7), J-Hook (Left) (9) and J-Hook (Right) (10) to the right place on Front Upright Tube (11) if necessary.