



FUNCTIONAL TRAINER 1

FT1



INCLUDED

(FT1 PACKAGE)

- Pull-up bar to provide a variety of exercise options
- Attachments: Small bar, ankle cuff, 24" tricep rope & pair of nylon grip handles
- Med ball holder and flat tray (for storage)
- 2 x 160 lb weight stacks standard w/ 2:1 ration
- Heavy gauge metal pulley housing covers
- Stainless steel 2" square tube uprights
- Dual roller mechanism or pulley housing provides a smooth and easy adjustment; adjustment positions per column - from 12" up to 69"
- Available in black
- Additional accessories available for purchase, contact TAG for details.

*(pictured & sold-separately - med balls, kettlebells
Additional packages available that include these items)*

SPECIFICATIONS

- Size: Size: 53" wide X 39" deep X 84" high
- Net Weight: 590 lbs
- Shipping weight: 625 lbs

ADDITIONAL PACKAGES AVAILABLE

- **FT1-KB PACKAGE INCLUDES:** FT1 (Listed Accessories), Bullet Proof MedBall-8lb, Kettlebells-10/15/20lbs
- **FT-DB PACKAGE INCLUDES:** FT1 (Listed Accessories), Bullet Proof Med Ball-8lb, HEX Dumbbells-15/ 20lbs