ARE YOU READY!

TAGFITNESS.NET
Bumper Plates OBP-# (Weight)
- Available in the following weights: 5lb., 10lb., 25lb., 35lb., 45lb.

Olympic Tri-Grip Ultrathane Encased Plates ULT-# (Weight)
- Available in the following weights: 2.5lb., 5lb., 10lb., 25lb., 35lb., 45lb.

Olympic Tri-Grip Rubber Encased Plates RBR-# (Weight)
- Available in the following weights: 2.5lb., 5lb., 10lb., 25lb., 35lb., 45lb.

7' Chrome Olympic Bar BAR-7OLYMPIC
Chemical chrome finish 7' training bar, 1200lb. test, Weight: 45lbs., 30mm Grip

TAG USA Power Bar BAR-USAPWR
28mm Grip, 2000# Test, Black Oxide Bar, Made in USA

7' High Test Bar BAR-7HIGHEST
7' polished steel bar, 1500lb. test bar, Weight: 45lbs., 28mm Grip Black Bar

47" Olympic Curl Bar BAR-EZ
Hard chrome finish, Weight: 22lbs., 30mm Grip

Bumper Plate Rack RCK-BPR
- 11 Gauge Steel Tube Frame
- Size: 56’ x 13’ x 12’ (38lbs.)

Olympic Bar Clamps ACC-MC
- Black in stock, colors can be ordered with longer lead time.

Locking Bar Collar ACC-LBC
- Sold in Black pairs
- Quick locking action

TAG Spring Clips ACC-OSC

Olympic Plate Tree RCK-OPT
- Holds 850lbs. of Olympic Plate
- All welded steel frame
- Rubber feet to protect floors
- Size: 43” H x 24” W x 23” D
- Plates sold separately

*Warranty on Hex Dumbbell/Rubber Dumbbell and Plate - Two years against manufacturing defects (Ultrathane Dumbbells, Barbells and Plates - Five years against manufacturing defects). Product not warranted against dropping or throwing. Returned for inspection upon request (original owner is responsible for return postage) - TAG covers replacement shipping.
Premium Round Ultrathane Dumbbells DBU-# (Weight)
- Premium ultrathane finish
- All Steel Heads (not cast iron)
- Available from 5lbs. - 150lbs. in 5lb. increments, and 7.5lbs. - 27.5lbs. in half size increments

Chrome Beauty Dumbbells CBD-2.5-25 SET
- Contoured handles with urethane inlaid grips provide comfort
- Sold only in sets of 2.5lb to 25lb by 2.5lb increments (10 Pair)

8 Sided Pro-Style Ultrathane Dumbbells U8DB-# (Weight)
- Encased in Premium Urethane
- All Steel Heads (not cast iron)
- Available from 5lbs. - 150lbs. in 5lb. increments, and 7.5lbs. - 27.5lbs. in half size increments

Micro Polyurethane PU-2.5-25 SET
- Contoured handles covered in polyurethane coating provide comfort in use
- Offers accurate weight and precision balance
- Sold only in sets of 2.5lb to 25lb by 2.5lb increments (10 Pair)

Hex Rubber Dumbbells HEX-# (Weight)
- Straight hard-chrome handle
- Odorless virgin rubber
- All Steel Heads (not cast iron)
- Available from 3/5/8/10/12/15-100lbs. (by 5’s)

Sample Custom Dumbbells

*Warranty on Hex Dumbbell/Rubber Dumbbell and Plate - Two years against manufacturing defects (Ultrathane Dumbbells, Barbells and Plates - Five years against manufacturing defects). Product not warranted against dropping or throwing. Returned for inspection upon request (original owner is responsible for return postage) - TAG covers replacement shipping.
2-Tier Tray Rack  RCK-KBR2
- 14 gauge 2x4 oval steel tube frame construction
- Footprint 40"x 22"x 26"
- 7 gauge 2 tier steel shelves
- Can be used for Kettlebell, Slam Ball, Wall Ball, Dumbbells, etc.

3-Tier Tray Rack  RCK-KBR3
- 14 gauge 2x4 oval steel tube frame construction
- Footprint 59"x 22"x 26"
- 11 gauge 3 tier steel shelves
- Can be used for Kettlebell, Slam Ball, Wall Ball, Dumbbells, etc.

3-Tier 10 Pair Dumbbell Rack with Saddles  RCK-SD3.1
- Perfect Solution for a set of 5-50
- Easy clean design
- Multi attached cradles to keep aligned properly
- Designed to eliminate dumbbells hitting angle iron
- Size: 58”x 36”x 36” (199lbs.)

3-Tier 15 Pair Dumbbell Rack with Saddles  RCK-CDR26
- 15 Pair Saddle Rack for Round Dumbbells
- Perfect Space Solution for a set of 5-75
- 86.5”x36”x34”
- 285 lbs

2-Tier 10-Pair Dumbbell Saddle Rack
RCK-CDR22 (No #’s)
RCK-CDR22S (5-50)
RCK-DR22L (55-100)
- Unique saddle design to eliminate scraping of users knuckles
- Designed to eliminate dumbbells hitting angle iron
- Designed for any 10 pairs of Round Dumbbells
- Available Laser Cut Numbered 5-50, 55-100 & without numbers

*Warranty on Benches, Storage Racks, Bars - One year – parts. 6 months upholstery.
3-Tier Horizontal Dumbbell Rack  RCK-HDR
• Designed to hold 13 pairs of dumbbells (3-50lbs.)
• Size: 38” H x 58” W x 31” D (171lbs.)
• Silver Frame, Black Shelves

3-Tier Horizontal Dumbbell Rack  RCK-HDR54
• Designed to hold 13 pairs of dumbbells (3-50lbs.)
• Size: 38” H x 58” W x 31” D (171lbs.)
• Sold Only Black

3-Tier Horizontal Dumbbell Rack  RCK-HDR70
• Designed to hold TAG HEX 5-75 (by 5’s) 15 pairs of dumbbells
• Size: 38” x 79” x 31” (191lbs.)
• Sold Only Black

8 Pair Vertical Dumbbell Rack  RCK-VDR8
• Holds Hex. 3-25lbs., or 5-30lbs.
• Fits flat against the wall
• 8 Pair Size: 45” x 17” x 11” (69lbs.)
• Weights sold separately

10 Pair Vertical Dumbbell Rack for Beauty Bell Dumbbells  RCK-VDR10
• 14 guage steel
• Rack to be used for the Chrome Beauty Bell or Micro –Poly Urethane Dumbbell Set
• Footprint – 29”Wx25”Dx55”H
• Weights sold separately

Fixed Barbell Rack  RCK-BBR
• Constructed of heavy-gauge steel with powder coated finish
• Size: 43” x 32” x 53” (115lbs.)
• Weights sold separately
• Holds 10 fixed barbells

X-Rack  RCK-XDBR
• Built for 10 pairs of dumbbells
• Nylon saddles
• Black
• Foot Print: 37” x 22” x 52”
Multi-Angle Power Bench BNCH-PWR
- Crinkle Black Electrostatic Powdercoat
- Constructed of 8 & 10-gauge square tubing
- Easy handle design and rear transport wheels
- Flat to Incline w/separate seat adjustment
- Wide 12: back pad for stability
- Size: 54" x 29" x 17.5"
- Weight: 85lbs.

FID Bench BNCH-FID-S
- Adjustable from -10 to 80 degrees
- Size: 54" x 24" x 53" (83lbs.)
- Silver Frame, Black Pads

FID Bench BNCH-FID-B
- Adjustable from -10 to 80 degrees
- Upgraded Upholstery
- Size: 54" x 24" x 53" (83lbs.)
- Black Frame, Black Pads

Hyper Extension Bench BNCH-HYP
- Adjustable thigh pads
- Size: 51" x 32" x 34" (87lbs.)

Multi-Angle Bench BNCH-MAB
- Adjustable 0° to 85°
- Single piece mainframe for added durability
- Size: 44" x 24" x 40" (103lbs.)

Adjustable Decline Bench BNCH-DB
- 11 gauge steel construction
- Easy wheels & handle for movability
- Color: Silver frame; black pads
- Size: 51" x 33" x 79" (120lbs.)
Flat Bench BNCH-FB
- Single piece mainframe for added durability
- Size: 18” x 25” x 48” (52lbs.)

Sit-Up Bench BNCH-SUB
- 23° degree angled pad
- Rear transport wheels for easy mobility
- Convenient assist handle
- Size: 24” x 25” x 50” (52lbs.)

Utility Bench BNCH-UB
- Seat low to the ground for stability and comfort
- Size: 36” x 31” x 32” (44lbs.)

Seated Preacher Curl Bench BNCH-PB
- Single piece mainframe for added durability
- Size: 36” x 45” x 36” (100lbs.)

Smith Machine SMITH
- Counter balance bar weighs only 14lbs.
- Dual safety stops
- Size: 87” x 50” x 90” (375lbs.)
- Band pegs
- NOW AVAILABLE IN BLACK AND SILVER

VKR Power Tower VKR
- Large padded backrest with lumbar support
- Parallel dip bars
- Space-saving design
- Pull-up/chin-up bar
- Lifetime welds, one year parts, 6 months on upholstery and grips
- Size: 42” x 42” x 85” (185lbs.)

*Warranty on Benches, Storage Racks, Bars - One year – parts. 6 months upholstery. *Warranty on Grips, Cables & Pulleys - 90 days.
TAG Power 1/2 Rack  RCK-PWR, RCK-PWRCOMBO
- 3x3 Steel Uprights
- Laser Cut Numbering System
- J Hooks & Safety Spotter Arms INCLUDED
- Location Adjustable Plate Horns INCLUDED (8)
- Multi Chin-Up Positions INCLUDED
- 1” Heavy Case Hardened Hardware
- Heavy-duty 8 & 10 Gauge Square Tubing
- Crinkle Black Electrostatic Powdercoat
- Choose any storage combination
- Welded Endcaps
- Size: 96” x 72”

Medicine Ball Rack  RCK-MBR5/RCK-MBR10
- Size: 53” x 31” x 31” (31lbs.)
- Fits both MedBalls and KettleBalls both available separately
- Available in 5 ball or 10 ball rack

TAG PERFORMANCE CART  RCK-PERF
- 2x2 Steel 12 Gauge Uprights
- Adjustable Shelf Heights
- Load Trays w/Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats
- Open Top to Hold any size Stability Ball
- 4 Medicine Ball Holder
- 4 MAT RACK Holder for 52” Grommet Mat (ACC-EMS)
- Hooks to Hold Stretch Cords/Bands
- Welded Endcaps
- Size: 24” wide x 24” deep x 70” tall - 135lbs
- Available in Black Only
- Foam Roller Holder Available
- TABLET Holder Available
- Heavy Duty Casters Available

Fitness Mat with Grommets  ACC-EML
- Grommets for hanging
- Size: 3/8” x 24” x 71”

Mat/Accessory Rack  RCK-MAT
- Holds 20 grommet mats and stretch cords/accessories
- Size: 80” x 30” x 39” (35lbs.)

*Warranty on Benches, Storage Racks, Bars - One year – parts. 6 months upholstery. *Warranty on Grips, Cables & Pulleys - 90 days.
**Functional Trainer FUNC-TR**

- 1.2 Resistance level on weight stack
- 2-210lb. weight stacks
- Multi-grip positioning handles
- All attachments included
- Size: 68” x 45 x 88” (785lbs.)
- Middle anchor point for suspension training
- Extra handle to make moving workout position easier
- Includes Exercise/Workout placard
- NOW ALSO AVAILABLE IN BLACK

**A.T. TAG SportsFlex Multi-Functional Double Handled Cable Attachment & Suspension Training System**

**ACC - ATSPORTSFLEX**

The ultimate fitness accessory.

**TRX RTXCLUB4 Commercial Suspension Trainer v4**

- Rubber handles
- Locking carabiner
- Velcro foot cradles
- Use as a Suspension Trainer

**TAG FT97 Kinetic Trainer with Storage KIN-TR**

- Stainless steel 2 in. square tube uprights
- 2 Dual roller mechanism in pulley housing
- 2 Front metal shrouds
- 4 Storage Shelves
- 3 Ball Holder Racks
- (2) 160 lb. weight stacks & 2 ea. 2.5 lb adder weights per stack
- Includes essential accessory package: (2) curl bar, (1) tricep handle, (2) hooks (2) deluxe tricep rope, (2) neoprene ankle straps, (2) molded grip handles
- Size: 90”W x 93”H x 54”D
- Shipping Weight: 1390lbs NET: 1180lbs
- Available in Black
**Tag Fitness**

**Accessories Rack** RCK-ACR
- Accessories sold separately
- Size: 49” x 27” x 24” (126lbs.)

**Slam Balls** SLAM-(Weight)
- New texture and form for better grip and handling
- Synthetic, weather-resistant rubber surface
- Sizes Available: 5, 8, 10, 12, 15, 20, 25, 30, 35 & 40

**2-Tier Tray Rack** RCK-KBR2
- 14 gauge 2x4 oval steel tube frame construction
- 7 gauge 2 tiers steel shelves
- Rubber feet to protect floors
- Shelves - 40”x 12-1/2’’/ Footprint 40”x 22” x 26”

**Bosu Ball** ACC-BOSU
The BOSU® PRO Balance Trainer challenges the entire body with integrated, multi-joint movement that requires muscle groups to work together.

**KettleBall** KETL-(Weight)
- Great for both individual and group exercise training
- Well-balanced, maintains original shape, soft rubber surface, easier on floors than traditional kettlebell
- Sizes Available: 6, 8, 10, 12, 14, 18, 20, 25, 30 & 35

**Medicine Balls** MEDBL-(Weight)
- New texture and form for better grip and handling
- Synthetic, weather-resistant rubber surface
- Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25, & 30

**Foam Roller** ACC-FMRLR18, ACC-FMRLR36
- High Density 36” or 18” x 6” Polypropylene Foam Roller (Black with Blue Speckles)

**Stretch Cords** XERTONE-VL, XERTONE-L, XERTONE-M, XERTONE-H, XERTONE-UH, XERTONE-SET
- Perfect for Rehabilitation &/or Strength Training
- Isolate Target Muscles
- Available in 5 Resistance Level
- Easy to Clean Plastic Handle

**Slam Balls** SLAM-(Weight)
- New texture and form for better grip and handling
- Synthetic, weather-resistant rubber surface
- Sizes Available: 5, 8, 10, 12, 15, 20, 25, 30, 35 & 40

**2-Tier Tray Rack** RCK-KBR2
- 14 gauge 2x4 oval steel tube frame construction
- 7 gauge 2 tiers steel shelves
- Rubber feet to protect floors
- Shelves - 40”x 12-1/2’’/ Footprint 40”x 22” x 26”

**Bosu Ball** ACC-BOSU
The BOSU® PRO Balance Trainer challenges the entire body with integrated, multi-joint movement that requires muscle groups to work together.

**KettleBall** KETL-(Weight)
- Great for both individual and group exercise training
- Well-balanced, maintains original shape, soft rubber surface, easier on floors than traditional kettlebell
- Sizes Available: 6, 8, 10, 12, 14, 18, 20, 25, 30 & 35

**Medicine Balls** MEDBL-(Weight)
- New texture and form for better grip and handling
- Synthetic, weather-resistant rubber surface
- Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25, & 30

**Foam Roller** ACC-FMRLR18, ACC-FMRLR36
- High Density 36” or 18” x 6” Polypropylene Foam Roller (Black with Blue Speckles)

**Stretch Cords** XERTONE-VL, XERTONE-L, XERTONE-M, XERTONE-H, XERTONE-UH, XERTONE-SET
- Perfect for Rehabilitation &/or Strength Training
- Isolate Target Muscles
- Available in 5 Resistance Level
- Easy to Clean Plastic Handle

*Warranty on Attachments, Accessories, Medicine Balls & Kettlebells - 90 days against manufacturing defects.*
Fitness Balls ACC-55CM, ACC-65CM, ACC-75CM
- Available in 55cm, 65cm and 75cm

Blue
Grey
Red

3Way Soft Plyo Box PLYO-3 WAY
- Heights: 20, 24", and 30
- Covered with heavy duty vinyl
- All sides have extra grip landing area
- Well-balanced, maintains original shape
- Weight: 70 lbs

Bullet Proof Medicine Ball BP-MB
- Sizes Available: 6, 8, 10, 12, 15, 18, 20, 25, 30 & 35

TAG Wall Ball WALLBALL-# (Weight)
- Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25 & 30
- 14" Diameter
- Soft Shell Construction with even weight distribution

Battle Ropes ACC-ROPE-1.5-# (Length) & ACC-ROPE-2-# (Length)
- Available in 1.5" & 2" Diameters and in 10', 20', 30', 40' & 50' Lengths - Custom Lengths Available

Deluxe Stirrup Chrome Handle PU Grip ATT-SINGLE

Seated Row/Chinning Chrome Bar PU Grip ATT-ROW/TRAINING

Multi-Exercise Chrome Bar PU Grip, Revolving ATT-MULTI

Triceps Full Extension Chrome Bar PU Grip ATT-TRICEP

17" Chrome Cable Bar PU Grip, Revolving ATT-STRAIGHT17

28" Chrome Curl Bar PU Grip, Revolving ATT-CURL28

48" Chrome Lat Bar PU Grip, Revolving ATT-LAT48

38" Chrome Lat Bar PU Grip, Revolving ATT-LAT36

24"/36" Tricep Rope ATT-ROPE24, ATT-ROPE36

Hammer Rope ATT-HAMMER

Ankle Cuff ATT-ANKLE

Soft Grip Handle ATT-NYLONGRIP

*Warranty on Attachments, Accessories, Medicine Balls & Kettlebells - 90 days against manufacturing defects.
**MOBILITY RACK**
RCK-MOB (Rack Only)
(Items Pictured on Rack Sold Separately)
- Organize, Store and Clean-Up your Fitness Area
- Single Storage Station for a variety of equipment
- 2x2 Steel 12 Gauge Uprights
- 4 Heavy Duty Caster Wheels (2 locking)
- 4 hooks to hang stretch cords, jump ropes and other accessories
- Adjustable holders for 18 WallBalls and/or Medicine Ball
- Adjustable holders for Stability Balls and/or Bosu Balls
- Trays can hold 5-50# Hex Dumbbells or Load Trays with a combination Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats, etc.
- Welded Endcaps
- Lifetime welds, one year parts
- Size Loaded – 100”x71”x33”

**VERS A RACK**
RCK-VERSA (Rack Only)
VERSAT1 (Rack and Items Pictured)
- 2 x 2 Steel 12 Gauge Uprights
- Adjustable at any height for Ball Holders
- Trays can hold 5-30lbs. Hex Dumbbells, Load trays w/Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats, etc.
- Holds Mat w/Grommets 19” on Center up to 71’ Long
- Welded Endcaps
- Lifetime Welds, One Year Parts
- Size: 48”W x 36”D
- Weight: 170lbs.

**TAG PERFORMANCE CART**
RCK-PERF
- 2x2 Steel 12 Gauge Uprights
- Adjustable Shelf Heights
- Load Trays w/Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats
- Open Top to Hold any size Stability Ball
- 4 Medicine Ball Holder
- 4 MAT RACK Holder for 52” Grommet Mat (ACC-EMS)
- Hooks to Hold Stretch Cords/Bands
- Welded Endcaps
- Size: 24” wide x 24” deep x 70” tall - 135lbs
- Available in Black Only
- Foam Roller Holder Available
- TABLET Holder Available
- Heavy Duty Casters Available

**Fit Cart - RCK-FITCART**
- Heavy Duty Casters To Move Anywhere With Ease
- Fits through a 36” door opening
- 2x2 Steel 12 Gauge Uprights
- Size: 40.5” wide x 33” deep x 60” tall - 137 lbs

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