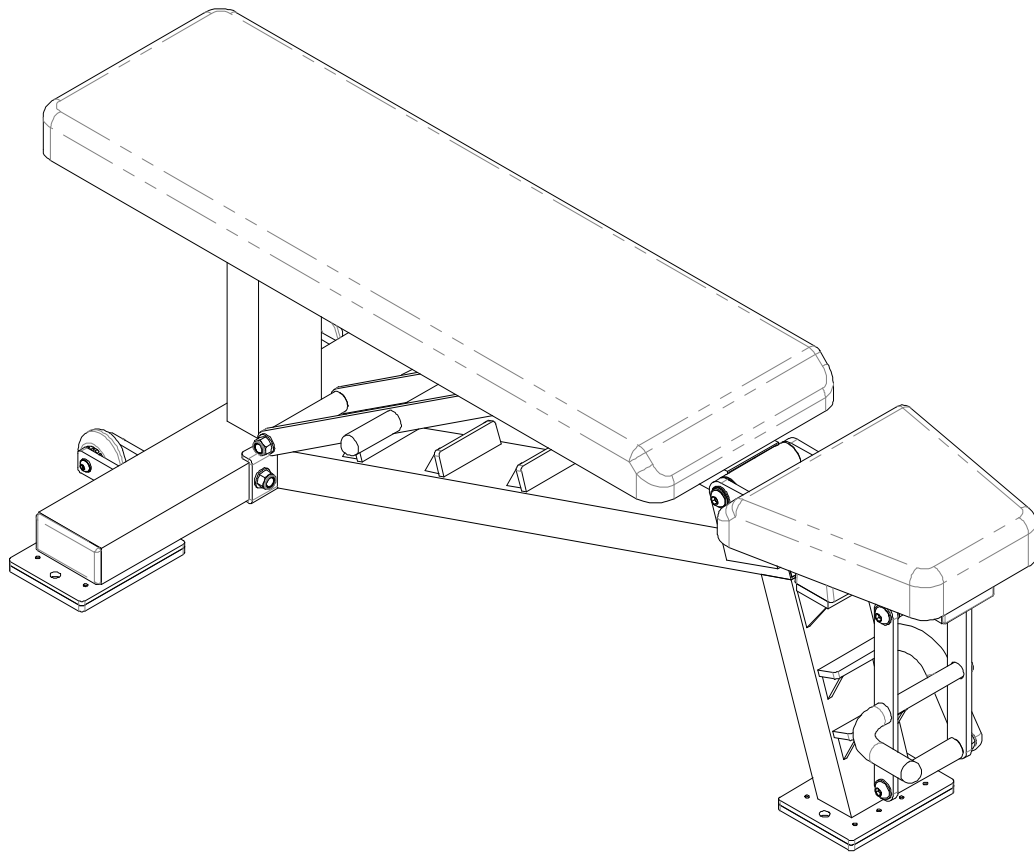
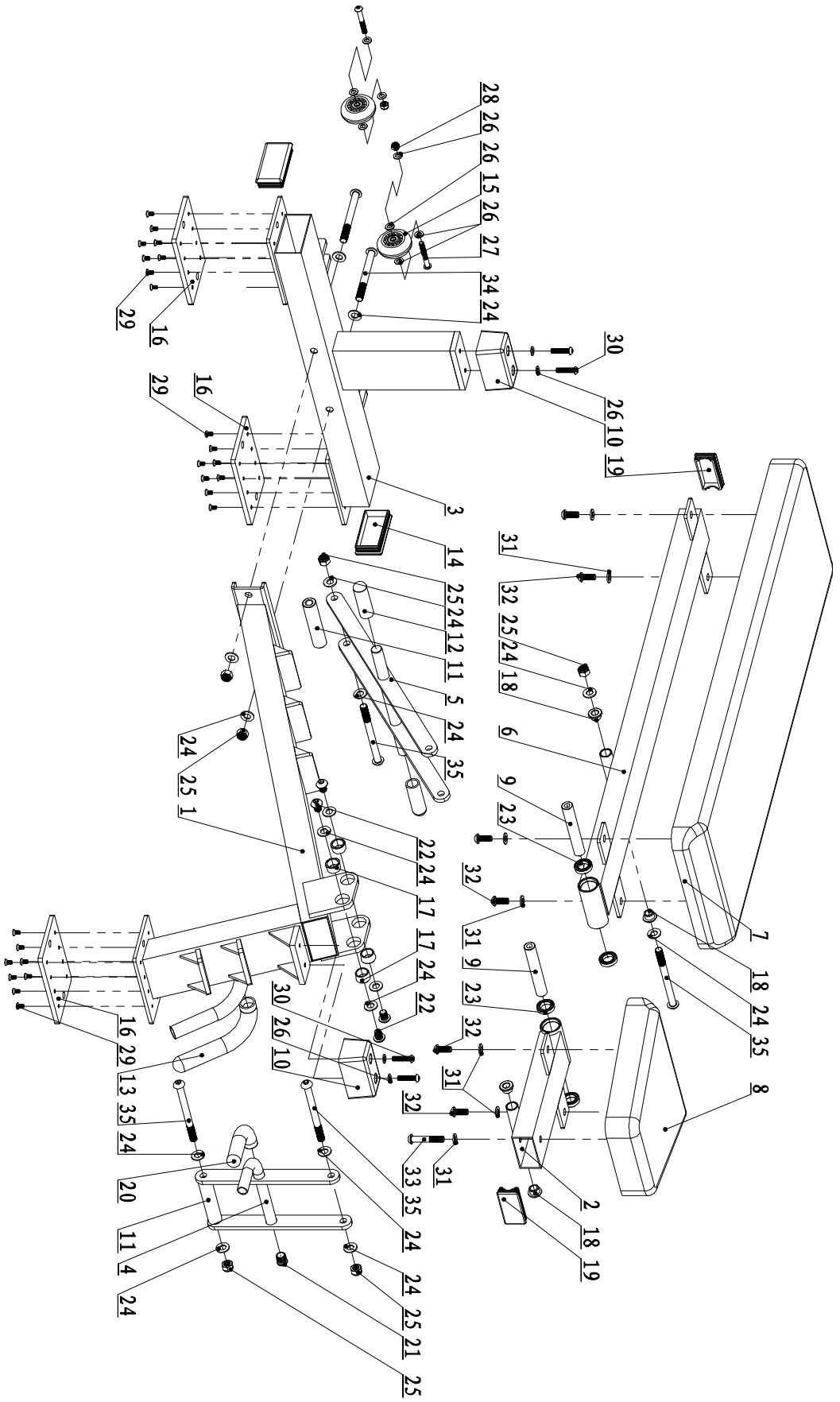




MODEL# BNCH-PWR  
TAG Fitness Multi Angle Power Bench



# EXPLODED DRAWING & PARTS LIST



# Parts List

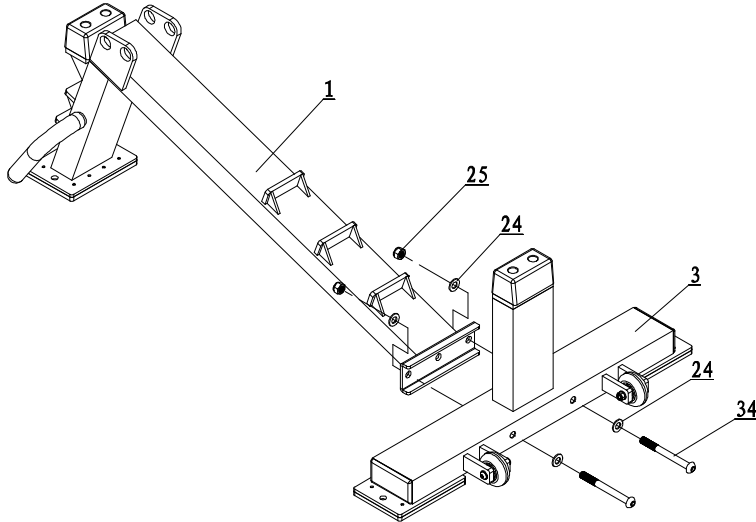
No.	Description	Q'ty	No.	Description	Q'ty
1	Main Frame	1	19	End Cap 40*80*2	2
2	Support Frame of Seat Pad	1	20	Handle Sleeve $\Phi 18*3*155$	1
3	Base Frame	1	21	End Cap $\Phi 19*2$	1
4	Adjustable Frame of Seat Pad	1	22	Allen Bolt M12*15	4
5	Adjustable Frame of Back Pad	1	23	Bearing 61804ZZ	4
6	Support Frame of Back Pad	1	24	Flat Washer $\Phi 13.5*\Phi 24*2.5$	16
7	Back Pad	1	25	Nut M12	6
8	Seat Pad	1	26	Flat Washer $\Phi 9*\Phi 16*1.6$	12
9	Axis $\Phi 20*120$	2	27	Allen Bolt M8*60	12
10	Stopper Cushion	2	28	Nut M8	2
11	Stopper sleeve $\Phi 25*105$	2	29	Allen Bolt M6*12	2
12	Handle Sleeve $\Phi 25*105$	2	30	Allen Bolt M8*35	2
13	Handle Sleeve $\Phi 24*3*195$	1	31	Flat Washer $\Phi 11*\Phi 20*2$	7
14	Plug 50*100*2	2	32	Allen Bolt M10*25	6
15	Transport Wheel $\Phi 63*26$	2	33	Allen Bolt M10*60	1
16	Rubber Foot	3	34	Allen Bolt M12*120	2
17	Cushion $\Phi 20.2*14.5$	4	35	Allen Bolt M12*140	4
18	Metal Bushing $\Phi 25*\Phi 18*\Phi 12.2*13$	4			

# ASSEMBLY

## STEP 1

Assemble Main Frame (1) and Base Frame (3) using Flat Washer  $\Phi 13.5 \times \Phi 24 \times 2.5$  (24), Nut M12 (25) and Allen Bolt M12\*120 (34).

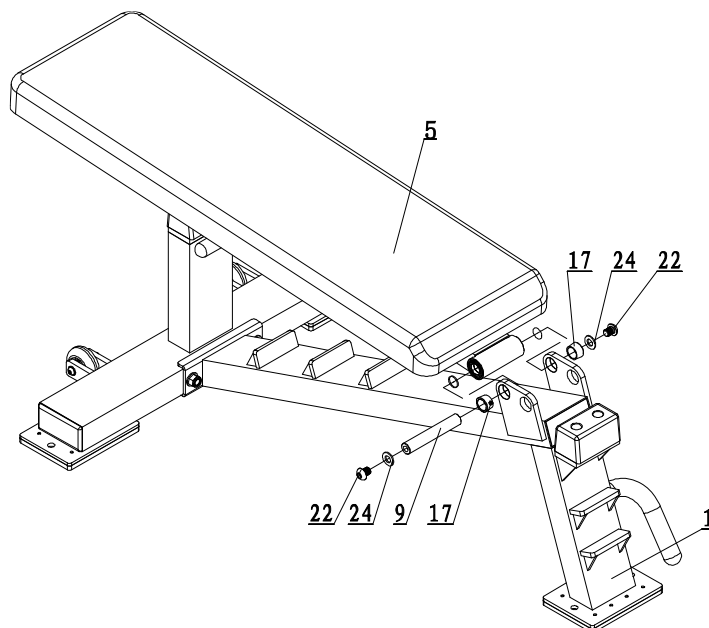
**Please tighten all bolts.**



## STEP 2

Install Adjustable Frame of Back Pad (5) to Main Frame (1) using Axis  $\Phi 20 \times 120$  (9), Cushion  $\Phi 20.2 \times 14.5$  (17), Allen Bolt M12\*15 (22) and Flat Washer  $\Phi 13.5 \times \Phi 24 \times 2.5$  (24).

**Please tighten all the bolts.**



### STEP 3

Install Support Frame of Seat Pad (2) to Main Frame (1) using Axis  $\Phi 20 \times 120$  (9), Cushion  $\Phi 20.2 \times 14.5$  (17), Allen Bolt M12\*15 (22) and Flat Washer  $\Phi 13.5 \times \Phi 24 \times 2.5$  (24).

**Please tighten all the bolts.**

