ARE YOU READY!

TAGFITNESS.NET
**Olympic Tri-Grip Ultrathane Encased Plates** ULT-# (Weight)
- Available in the following weights: 2.5lb, 5lb, 10lb, 25lb, 35lb, 45lb.

**Olympic Tri-Grip Rubber Encased Plates** RBR-# (Weight)
- Available in the following weights: 2.5lb, 5lb, 10lb, 25lb, 35lb, 45lb.

**Bumper Plates** OBP-# (Weight)
- Available in the following weights: 5lb, 10lb, 15lb, 25lb, 35lb, 45lb.

**7' Chrome Olympic Bar** BAR-7'OLYMPIC
- Chemical chrome finish 7' training bar, 1200lb. test, Weight: 45lbs., 30mm Grip

**Texas Power Bar** BAR-TEXASPOWER
- 28mm Grip, Black Oxide Bar, Made in USA

**7' High Test Bar** BAR-7'HIGHEST
- 7' polished steel bar, 1500lb. test bar, Weight: 45lbs., 28mm Grip Black Bar

**47' Olympic Curl Bar** BAR-EZ
- Hard chrome finish, Weight: 22lbs., 30mm Grip

**Olympic Bar Clamps** ACC-MC
- Black in stock, colors can be ordered with longer lead time.

**Locking Bar Collar** ACC-LBC
- Sold in Black pairs
- Quick locking action

**TAG Spring Clips** ACC-OSC

**Olympic Plate Tree** RCK-OPT
- Holds 850lbs. of Olympic Plate
- All welded steel frame
- Rubber feet to protect floors
- Size: 43” H x 24” W x 23” D
- Plates sold separately

**Olympic Plate Rack** RCK-BPR
- 11 Gauge Steel Tube Frame
- Size: 56” x 13” x 12” (38lbs.)

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*Warranty on Hex Dumbbell/Rubber Dumbbell and Plate - Two years against manufacturing defects (Ultrathane Dumbbells, Barbells and Plates - Five years against manufacturing defects). Product not warranted against dropping or throwing. Returned for inspection upon request (original owner is responsible for return postage) - TAG covers replacement shipping.*
Premium Round Ultrathane Dumbbells

- Premium ultrathane finish
- All Steel Heads (not cast iron)
- Available from 5lbs. - 150lbs. in 5lb. increments, and 7.5lbs. - 27.5lbs. in half size increments

Chrome Beauty Dumbbells

- Contoured handles with urethane inlaid grips provide comfort
- Sold only in sets of 2.5lb to 25lb by 2.5lb increments (10 Pair)

Pro-Style Round Rubber Dumbbells

- Commercial-grade rubber encased dumbbell
- All Steel Heads (not cast iron)
- Available only in sets of 5lbs. to 50lbs by 5lb. increments (10 Pair)

Hex Rubber Dumbbells

- Straight hard-chrome handle
- Odorless virgin rubber
- All Steel Heads (not cast iron)
- Available from 3/5/8/10/12/15-100lbs. (by 5’s)

Ultrathane Fixed Straight Bars

- Available in sizes 20lbs. - 110lbs. in 10lb. increments
- Ultrathane Encased all Steel Heads (not cast iron)

8-Sided Urethane Fixed Straight Bars

- Available in sizes 20lbs. - 110lbs. in 10lb. increments
- 8 Sided Urethane Encased all Steel Heads (not cast iron)

8-Sided Urethane Fixed Curl Bars

- Available in sizes 20lbs. - 110lbs. in 10lb. increments
- 8 Sided Urethane Encased all Steel Heads (not cast iron)

8-Sided Pro-Style Ultrathane Dumbbells

- Encased in Premium Urethane
- All Steel Heads (not cast iron)
- Available from 5lbs. - 150lbs. in 5lb. increments, and 7.5lbs. - 27.5lbs. in half size increments

Micro Polyurethane

- Contoured handles covered in polyurethane coating provide comfort in use
- Offers accurate weight and precision balance
- Sold only in sets of 2.5lb to 25lb by 2.5lb increments (10 Pair)

Sample Custom Dumbbells

- 8-Sided Urethane Encased all Steel Heads (not cast iron)
- Ultrathane Encased all Steel Heads (not cast iron)

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2-Tier Tray Rack RCK-KBR2
- 14 gauge 2x4 oval steel tube frame construction
- Footprint 40" x 22" x 26"
- 7 gauge 2 tier steel shelves
- Can be used for Kettlebell, Slam Ball, Wall Ball, Dumbbells, etc.

3-Tier 10 Pair Dumbbell Rack with Saddles RCK-SD3.1
- Perfect Solution for a set of 5-50
- Easy clean design
- Multi attached cradles to keep aligned properly
- Designed to eliminate dumbbells hitting angle iron
- Size: 58" x 36" x 36" (199lbs.)

2-Tier 10-Pair Dumbbell Saddle Rack
RCK-CDR22 (No #'s)
RCK-CDR225 (5-50)
RCK-DR22L (55-100)
- Unique saddle design to eliminate scraping of users knuckles
- Designed to eliminate dumbbells hitting angle iron
- Designed for any 10 pairs of Round Dumbbells
- Available Laser Cut Numbered 5-50, 55-100 & without numbers

Warranty on Benches, Storage Racks, Bars - One year - parts. 6 months upholstery.
3-Tier Horizontal Dumbbell Rack RCK-HDR
- Designed to hold 13 pairs of dumbbells (3-50lbs.)
- Size: 55" x 32" x 39" (171lbs.)
- Silver Frame, Black Shelves

3-Tier Horizontal Dumbbell Rack RCK-HDR54
- Designed to hold 13 pairs of dumbbells (3-50lbs.)
- Size: 38"H x 58"W x 31"D (171lbs.)
- Sold Only Black

3-Tier Horizontal Dumbbell Rack RCK-HDR70
- Designed to hold TAG HEX S-75 (by 5’s) 15 pairs of dumbbells
- Size: 38" x 79" x 31" (191lbs.)
- Sold Only Black

3-Tier Tray Rack RCK-KBR3
- 14 gauge 2x4 oval steel tube frame construction
- Footprint 59"x 22"x 26"
- 7 gauge 3 tier steel shelves
- Can be used for Kettlebell, Slam Ball, Wall Ball, Dumbbells, etc.

8 Pair Vertical Dumbbell Rack RCK-VDR8
- Holds Hex. 3-25lbs. or 5-30lbs.
- Fits flat against the wall
- 8 Pair Size: 45" x 17" x 11" (69lbs.)
- Weights sold separately

Fixed Barbell Rack RCK-BBR
- Constructed of heavy-gauge steel with powder coated finish
- Size: 43" x 32" x 53" (115lbs.)
- Weights sold separately
- Holds 10 fixed barbells
**Tag Fitness**

**Multi-Angle Power Bench**
- Crinkle Black Electrostatic Powdercoat
- Constructed of 8 & 10-gauge square tubing
- Easy handle design and rear transport wheels
- Flat to Incline w/separate seat adjustment
- Width: 24" back pad for stability
- Size: 54" x 29" x 17.5"
- Weight: 85lbs.

**Hyper Extension Bench**
- Adjustable thigh pads
- Size: 51" x 32" x 34" (87lbs.)

**FID Bench**
- Adjustable from -10 to 80 degrees
- Size: 54" x 24" x 33" (83lbs.)
- Silver Frame, Black Pads

**FID Bench**
- Adjustable from -10 to 80 degrees
- Upgraded Upholstery
- Size: 54" x 24" x 53" (83lbs.)
- Black Frame, Black Pads

**Multi-Angle Bench**
- Adjustable 0° to 85°
- Single piece mainframe for added durability
- Size: 44" x 24" x 40" (103lbs.)

**Adjustable Decline Bench**
- 11 gauge steel construction
- Easy wheels & handle for movability
- Color: Silver frame, black pads
- Size: 51" x 33" x 79" (120lbs.)
Flat Bench BNCH-FB
- Single piece mainframe for added durability
- Size: 18" x 25" x 48" (52lbs.)

Sit-Up Bench BNCH-SUB
- 23° degree angled pad
- Rear transport wheels for easy mobility
- Convenient assist handle
- Size: 24" x 25" x 50" (52lbs.)

Utility Bench BNCH-UB
- Seat low to the ground for stability and comfort
- Size: 36" x 31" x 32" (44lbs.)

Seated Preacher Curl Bench BNCH-PB
- Single piece mainframe for added durability
- Size: 36" x 45" x 36" (100lbs.)

Smith Machine SMITH
- Counter balance bar weighs only 14lbs.
- Dual safety stops
- Size: 87" x 50" x 90" (375lbs.)

VKR Power Tower VKR
- Large padded backrest with lumbar support
- Parallel dip bars
- Space-saving design
- Pull-up/chin-up bar
- Lifetime welds, one year parts, 6 months on upholstery and grips
- Size: 42" x 42" x 85" (185lbs.)

*Warranty on Benches, Storage Racks, Bars - One year – parts. 6 months upholstery. *Warranty on Grips, Cables & Pulleys - 90 days.
TAG Power 1/2 Rack RCK-PWR, RCK-PWRCOMBO

• 3x3 Steel Uprights
• Laser Cut Numbering System
• J Hooks & Safety Spotter Arms INCLUDED
• Location Adjustable Plate Horns INCLUDED (8)
• Multi Chin-Up Positions INCLUDED
• 1” Heavy Case Hardened Hardware

• Welded Endcaps
• Crinkle Black Electrostatic Powdercoat
• Choose any storage combination
• Heavy-duty 8 & 10 Gauge Square Tubing
• Size: 96” x 72”

Med Ball Rack RCK-PWR/MBR

Dip Station RCK-PWR/DIP

Tray RCK-PWR/FDR

Bumper Plate Rack RCK-PWR/BPR

Landmine RCK-PWR/LMA

*Warranty on Benches, Storage Racks, Bars - One year – parts, 6 months upholstery. *Warranty on Grips, Cables & Pulleys - 90 days.
Functional Trainer **FUNC-TR**
- 1.2 Resistance level on weight stack
- 2-210lb. weight stacks
- Multi-grip positioning handles
- All attachments included
- Size: 68” x 45 x 88” (785lbs.)
- Middle anchor point for suspension training
- Extra handle to make moving workout position easier
- Includes Exercise/Workout placard

A.T. TAG SportsFlex Multi-Functional Double Handled Cable Attachment & Suspension Training System
**ACC-ATSPORTSFLEX**
The ultimate fitness accessory.

TRX **RTXCLUB4**
Commercial Suspension Trainer v4
- Rubber handles
- Locking carabiner
- Velcro foot cradles
- Use as a Suspension Trainer

Medicine Ball Rack
**RCK-MBR5**
**RCK-MBR10**
- Size: 53” x 31” x 31” (31lbs.)
- Fits both MedBalls and KettleBalls both available separately
- Available in 5 ball or 10 ball rack

Fitness Mat with Grommets **ACC-EML**
- Grommets for hanging
- Size: 3/8” x 24” x 71”

Mat/Accessory Rack **RCK-MAT**
- Holds 20 grommet mats and stretch cords/accessories
- Size: 80” x 30” x 39”(35lbs.)
Accessories Rack  RCK-ACR
• Accessories sold separately
• Size: 49” x 27” x 24” (126lbs.)

2-Tier Tray Rack  RCK-KBR2
• 14 gauge 2x4 oval steel tube frame construction
• 7 gauge 2 tiers steel shelves
• Rubber feet to protect floors
• Shelves - 40”x 12-1/2”/ Footprint 40”x 22”x 26”

KettleBall  KETL-# (Weight)
• Great for both individual and group exercise training
• Well-balanced, maintains original shape, soft rubber surface, easier on floors than traditional kettlebells
• Sizes Available: 6, 8, 10, 12, 14, 18, 20, 25, 30 & 35

Medicine Balls  MEDBL-# (Weight)
• New texture and form for better grip and handling
• Synthetic, weather-resistant rubber surface
• Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25, & 30

Kettlebell  RKETL-# (Weight)
• Chemical chrome smooth handle - no flaking or chipping
• Sizes Available: 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 60, 70 & 80
• Great for both individual and group exercise training
• Thick rubber encased coating

Slam Balls  SLAM-# (Weight)
• New texture and form for better grip and handling
• Synthetic, weather-resistant rubber surface
• Sizes Available: 5, 8, 10, 12, 15, 20, 25, 30, 35 & 40

Bosu Ball  ACC-BOSU
The BOSU® PRO Balance Trainer challenges the entire body with integrated, multi-joint movement that requires muscle groups to work together.

Foam Roller  ACC-FMRLR18, ACC-FMRLR36
• High Density 36” or 18” x 6” Polypropylene Foam Roller (Black with Blue Speckles)

• Perfect for Rehabilitation &/or Strength Training
• Isolate Target Muscles
• Available in 5 Resistance Levels
• Easy to Clean Plastic Handle

*Warranty on Attachments, Accessories, Medicine Balls & Kettlebells - 90 days against manufacturing defects.
### TAG Wall Ball

**WALLBALL-# (Weight)**
- Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25 & 30
- 14" Diameter
- Soft Shell Construction with even weight distribution

### Battle Ropes

**ACC-ROPE-1.5-# (Length) & ACC-ROPE-2-# (Length)**
- Available in 1.5" & 2" Diameters and in 10', 20', 30', 40' & 50' Lengths - Custom Lengths Available

### 3Way Soft Plyo Box

**PLYO-3 WAY**
- Heights: 20, 24", and 30
- Covered with heavy duty vinyl
- All sides have extra grip landing area
- Well-balanced, maintains original shape
- Weight: 70 lbs

### Cardio-Pump CP SET & CP RACK
- Innovative design looks great and provides ample plate storage space for 20 sets
- Each set contains bar, clips and 2 of each 2.5, 5 and 10lb plates
- Size: 62" x 32" x59"
  (Rack 106lbs/Fully Loaded 910lbs)

### Fitness Balls

**ACC-55CM, ACC-65CM, ACC-75CM**
- Available in 55cm, 65cm and 75cm

### Delux Stirrup Chrome Handle PU Grip

**ATT-SINGLE**

### Seated Row/Chinning Chrome Bar PU Grip

**ATT-ROW/TRAINING**

### Multi-Exercise Chrome Bar PU Grip, Revolving

**ATT-MULTI**

### Triceps Full Extension Chrome Bar PU Grip

**ATT-TRICEP**

### 17" Chrome Cable Bar PU Grip, Revolving

**ATT-STRAIGHT17**

### 26” Chrome Curl Bar PU Grip, Revolving

**ATT-CURL28**

### 48” Chrome Lat Bar PU Grip, Revolving

**ATT-LAT48**

### 38” Chrome Lat Bar PU Grip, Revolving

**ATT-LAT36**

### 24”/36” Tricep Rope

**ATT-ROPE24, ATT-ROPE36**

### Hammer Rope

**ATT-HAMMER**

### Ankle Cuff

**ATT-ANKLE**

### Soft Grip Handle

**ATT-NYLONGRIP**

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*Warranty on Attachments, Accessories, Medicine Balls & Kettlebells - 90 days against manufacturing defects.*
VERS A RACK
RCK-VERSA (Rack Only)
VERS A1 (Rack and Items Pictured)
- 2 x 2 Steel 12 Gauge Uprights
- Adjustable at any height for Ball Holders
- Trays can hold 5-30lbs. Hex Dumbbells, Load trays w/ Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats, etc.
- Holds Mat w/Grommets 19” on Center up to 7’ Long
- Welded Endcaps
- Lifetime welds, one year parts
- Size: 48”W x 36”D
- Weight: 170lbs.

MOBILITY RACK
RCK-MOB (Rack Only)
(Items Pictured on Rack Sold Separately)
- Organize, Store and Clean-Up your Fitness Area
- Single Storage Station for a variety of equipment
- 2x2 Steel 12 Gauge Uprights
- 4 Heavy Duty Caster Wheels (2 locking)
- 4 hooks to hang stretch cords, jump ropes and other accessories
- Adjustable holders for 18 Wall Balls and/or Medicine Ball
- Adjustable holders for Stability Balls and/or Bosu Balls
- Trays can hold 5-50# Hex Dumbbells or Load Trays with a combination Slam Balls, Kettlebells, Dumbbells, Foam Rollers, Yoga Mats, etc.
- Welded Endcaps
- Lifetime welds, one year parts
- Size Loaded – 10’ x 71” x 33”

Fit Cart - RCK-FITCART
- Heavy Duty Casters To Move Anywhere With Ease
- Fits through a 36” door opening
- 2x2 Steel 12 Gauge Uprights
- Size: 40.5” wide x 33” deep x 60” tall - 137 lbs